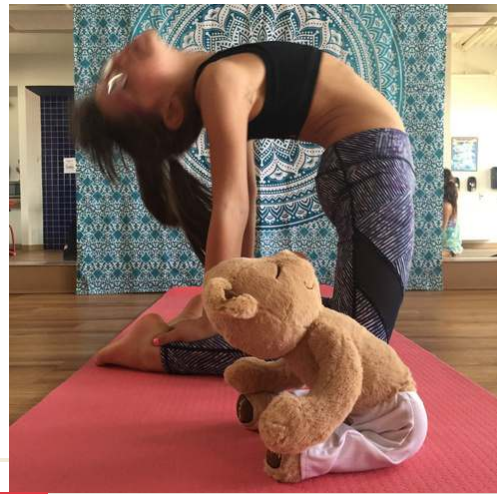


KG to  
5th  
Grade

# Les Super Yogis

Yoga & Mindfulness



In  
French!

Thursdays 3:45-4:45



## An hour of yoga, mindful activities and fun games

**Who is this class for?** Boys & Girls from KG to 5th Grade

**Why should your kid take this class?** In this class, kids develop their body awareness, strength, balance & focus while playing fun games and learning yoga poses. They also discover mindfulness tools that help them cope with stress and grow with a positive mindset.

**\$300**  
1 trimester  
-  
Sept. 12th  
to Dec. 9th

Class taught by **Celine Lingelser**,  
certified Yoga, Kids Yoga & Mindfulness Teacher

Contact:  
[celine.lingelser@lfsd.org](mailto:celine.lingelser@lfsd.org)



## 2022 Fall ASA Registration Form

**Sept 12th - Dec 9th, 2022** (No classes during breaks and holidays and Thanksgiving)

Student name:

DOB:

Grade:

Parent(s) / Guardian(s) name :

Phone :

Email :

**Eveil Musical Preschool	Mon ( PS/MS)	\$300		*Les petits Yogi (Yoga)	Thurs ( KG to 5th)	\$300	
**Mini Chefs Preschool	Thurs (PS/MS)	\$300		*Musical Theater	Wed (KG & up)	\$300	
*Basketball	Fri ( KG & up)	\$300		*Chess Club (one class/week) Please select your day	Mon / Tues / Thur	\$300	
*Masterchef	Tues (KG to 5th)	\$300			Sibling one class / week Mon / Tues / Thur	\$500	
Coding	Fri (2nd & up)	\$300		Chess Club (2 classes/week)	Mon / Tues / Thur	\$500	
**Mini gym & parcours	Fri (PS/MS)	\$300		Spanish club	Monday (KG & up)	\$300	
Track & Field	Fri (2nd & up)	\$300		** Soccer (Preschool)	Thurs (PS/ MS)	\$300	
German ( Beginner)	Thurs (1st & up)	\$300		German ( Advance)	Wed (1st & up)	\$300	

**\*KG \*\*PS/MS**

<b>TOTAL</b>	\$
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- Paid check # If paid copy invoice to parent? Yes No
- Credit card - **(VISA-Mastercard- Discover-Amex ONLY) – NO DEBIT CARD** - we don't keep credit card info on file for security reasons. **There is a 3.5% surcharge, on top of the Grand total, issued by the credit card processor. Payment needs to be made in person with a card in hand.**
- **Forms must be returned with the complete payment. Check payable: Le Lycee francais de San Diego**

Parent / Guardian name:

Signature:

Date:

Lycée Français de San Diego

EPD Init \_\_\_/\_\_\_

<https://lfsd.org>

Admin :

Inv #:

Date :