

**CITIUS, ALTIUS, FORTIUS**

# RHYTHMIC GYMNASTICS

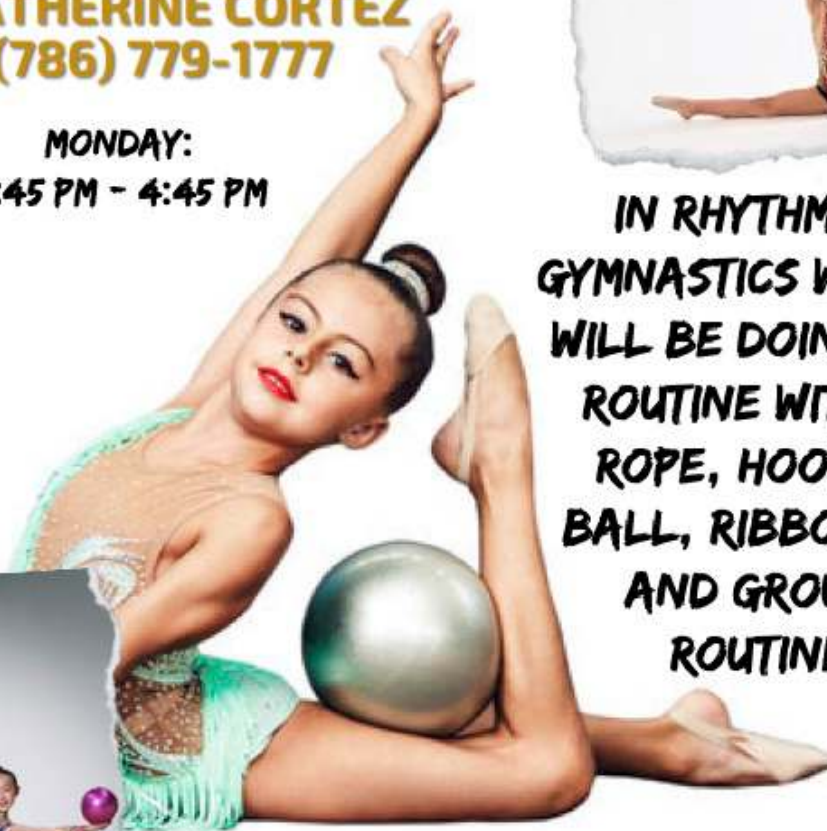


**CORTEZ SPORTS**  
INTERNATIONAL

**COACH:**  
**CATHERINE CORTEZ**  
**+1(786) 779-1777**

**MONDAY:**  
**3:45 PM - 4:45 PM**

**IN RHYTHMIC  
GYMNASTICS WE  
WILL BE DOING  
ROUTINE WITH  
ROPE, HOOP,  
BALL, RIBBON  
AND GROUP  
ROUTINES**



**AN HOUR OF RHYTHMIC GYMNASTICS, MINDFUL ACTIVITIES AND FUN GAMES WHO IS THIS CLASS FOR? GIRLS FROM KG TO 5TH GRADE WHY SHOULD YOUR KID TAKE THIS CLASS? IN THIS CLASS, GIRLS DEVELOP THEIR BODY AWARENESS, STRENGTH, BALANCE & FOCUS WHILE PLAYING FUN GAMES AND LEARNING RHYTHMIC GYMNASTICS. THEY ALSO DISCOVER MINDFULNESS TOOLS THAT HELP THEM COPE WITH STRESS AND GROW WITH A POSITIVE MINDSET.**



cortezsports.international@gmail.com

2022 Fall Rhythmic Gymnastics Registration Form  
Sept 12th – Dec 9<sup>th</sup>, 2022 **(No class during breaks and holidays and thanksgiving)**

Student name:

DOB:

Grade:

Parent(s) / Guardian(s) nama:

Phone:

Email:

<b>Rhythmic Gymnastics</b>	<b>\$300,00</b>
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- ZELLE 7867791777
- Vemon: @catherinecortez7777



**venmo**

- **Forms must be returned with the completepayment. Check payable: Catherine Cortez**

Parent / Guardian name:

Signature

Date: